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KIRIRI WOMENS' UNIVERSITY OF SCIENCE AND TECHNOLOGY UNIVERSITY EXAMINATION, 2017/2018 ACADEMIC YEAR DIPLOMA IN PROCUREMENT AND SUPPLIES MANAGEMENT DCU 1002- LIFE SKILLS

Date: 13th August 2018 Time: 2.30 Pm- 4.30 Pm

INSTRUCTIONS TO CANDIDATES ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS QUESTION ONE (30 MARKS) a) Discuss four stressors and their solutions in your life. (8 Marks)

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| b) | Negative culture have led to low education in women, Discuss possible solutions | ve culture have led to low education in women, Discuss possible solutions to the problem | |
| | | (8 Marks) | |
| c) | Families have a lot of problems, Give advice on how to reduce these problems. | (8 Marks) | |
| d) | How can you enhance your children life? | (4 Marks) | |
| QUE | ESTION TWO (20 MARKS) | | |
| a) | Discuss some of the most important life skills you can use to manage yourself | (8 Marks) | |
| b) | Explain four behaviors that will help you avoid HIV / AIDS. | (8 Marks) | |
| c) | Your friends comes to school late and doesn't complete her assignment, discuss how you would | | |

help her plan her time. **QUESTION THREE (20 MARKS)**

- a) Discuss to your friend how you would solve personal conflicts. (8 Marks)
- b) Explain what and how you would fulfill your social responsibilities. (4 Marks)
- c) Explain to your former principal how she would prevent drugs from entering your school.

(8 Marks)

(4 Marks)

QUESTION FOUR (20 MARKS)

a) Emotions can promote or bring down your family life. Explain
 b) How would you know that your children have negative emotions?
 c) How would you reduce these negative emotions in your children?
 (6 Marks)

QUESTION FIVE (20 MARKS)

| a) | Why are there many street children's and what problems do they face? | (6 Marks) |
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| b) | Give practical solutions to child labour. | (6 Marks) |
| c) | Contrast and describe three occupations that need practical work skills. | (6 Marks) |