



Kasarani Campus

Off Thika Road  
Tel. 2042692 / 3

P. O. Box 49274, 00100

NAIROBI

Campus  
Pamstech House  
Woodvale Grove  
Tel. 4442212

Fax: 4444175

**KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**UNIVERSITY EXAMINATION, 2023/2024 ACADEMIC YEAR**  
**FIRST YEAR, SECOND SEMESTER EXAMINATION**  
**FOR THE CERTIFICATE IN COMMUNITY DEVELOPMENT AND SOCIAL WORK**  
**CDS 206: HUMAN GROWTH AND DEVELOPMENT**

Date: 8<sup>TH</sup> AUGUST 2023

Time: 2:30PM-4:30PM

**INSTRUCTIONS TO CANDIDATES**

**ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS**

**QUESTION ONE (30 MARKS)**

- Identify **six** characteristics of human growth and development. (6 Marks)
- Outline **six** skills branches of psychology. (6 Marks)
- Analyze **six** factors influencing human growth and development. (6 Marks)
- Discuss **six** relevance of theory in human growth and development. (6 Marks)
- Identify **six** intervention measures that a social worker may use to support persons with special needs. (6 Marks)

**QUESTION TWO (20MKS)**

- Discuss stages of development according to cognitive theory. (6 Marks)
- Identify situation that require guidance and counseling among young people. (6 Marks)
- Describe cognitive theory according to Jean Piaget. (8 Marks)

**QUESTION THREE (20MKS)**

- Discuss stages of growth and development according to Eric Erickson. (6 Marks)
- Discuss on psycho-social theory according to Eric Erickson. (6 Marks)
- Expound on characteristics of a person with special needs. (8 Marks)

**QUESTION FOUR (20MKS)**

- Identify importance of human growth and development in social work. (6 Marks)
- Highlight stages of growth according to psycho analytic theory by Sigmund Freud. (6 Marks)
- Discuss Psycho analytic theory according to Sigmund Freud. (8 Marks)

**QUESTION FOUR (20MKS)**

- Discuss types of guidance and counseling. (8 Marks)
- Highlight effects of drug and substance abuse on personality. (8 Marks)
- Identify constitutional rights of persons with disabilities. (4 Marks)

**QUESTION FIVE (20MKS)**

- Identify characteristics of growth development in adolescences. (4 Marks)
- Discuss four types of personality disorder. (8 Marks)
- Explain basic procedure in guidance and counseling. (8 Marks)

