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KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2024/2025 ACADEMIC YEAR
FIRST YEAR, SECOND SEMESTER EXAMINATION
FOR THE CERTIFICATE IN COMMUNITY DEVELOPMENT AND SOCIAL WORK
CDS 206: HUMAN GROWTH AND DEVELOPMENT

Date: 9TH APRIL 2024

Time: 2:30PM-4:30PM

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

Human growth and development is studied by students majoring in sociology, developmental studies, and social work with the goal of providing them with the information, abilities, and attitudes necessary for a successful comprehension of human growth and development and its application to these fields. The overall goals of the module are for the students to be able to: apply different theories of human growth and development in these disciplines; recognize the aspects of human growth and development and their applicability; recognize and assist individuals with special needs; and comprehend their role as professionals in guidance and counseling, among other areas.

Use the above succinct together with what you learned in your Human growth and development course to answer the questions that follow in this section: -

- i. Outline FOUR characteristics of human development. (4 Marks)
- ii. Outline FIVE reasons why community development professionals and social workers should study human growth and development. (5 Marks)
- iii. Outline the issues upon which development is centered on in each of the EIGHT stages through one's ego identity develops according to Erik Erikson's psychosocial theory. (4 Marks)
- iv. Highlight the role of a social worker in guidance and counselling as would be articulated in a human growth and Development lesson. (3 Marks)
- v. Outline FIVE symptoms and characteristics of persons with special needs as would be discussed in a human growth and Development lesson. (5 Marks)
- vi. Highlight THREE ways in which HIV/AIDS impacts human growth and development as would be discussed in a human growth and development. (3 Marks)
- vii. Individual's personality is contributed by a number of factors. Outline THREE factors that contribute in shaping individual's personality. (6 Marks)

QUESTION TWO (20 MARKS)

- a) Highlight the first FOUR phases in the postnatal stage of Human growth and development. (4 Marks)
- b) Personality disorders are the complex mental health conditions that affect multiple areas of a person's life. Examine any FOUR personality Disorders. (8 Marks)
- c) Human Growth and development are shaped and influenced by a multiplicity of factors. Highlight any FOUR of these factors. (8 Marks)

QUESTION THREE (20 MARKS)

- a) Explain these concepts as used in human growth and development.
- i. Persons with special needs. (2 Marks)
 - ii. Personality Development. (2 Marks)
- b) Outline FOUR characterizations of persons with special needs. (8 Marks)
- c) Examine FOUR key dissimilarities between guidance and counselling that community development professionals and social worker must be aware of. (8 Marks)

QUESTION FOUR (20 MARKS)

- a) Briefly describe the following aspects of human growth and development as they manifest during adolescence
- i. Physical development. (3 Marks)
 - ii. Social development. (3 Marks)
 - iii. Emotional development. (3 Marks)
 - iv. Cognitive development. (3 Marks)
- b) Outline any FOUR branches of psychology that have relevance to community development and social worker professions. (8 Marks)

QUESTION FIVE (20 MARKS)

- a) Distinguish between Pre-natal and post-natal stages of human growth and development. (4 Marks)
- b) Growth and development are two critical yet contrastable concepts in human lifetime. Outline FOUR contrasting features of Human growth from Human Development. (8 Marks)
- c) Giving the key highlights, briefly describe the cognitive theory of human growth and development according to Jean Piaget. (8 Marks)