

Kasarani Campus Off Thika Road Tel. 2042692 / 3

P. O. Box 49274, 00100

NAIROBI

Westlands Campus Pamstech House Woodvale Grove Tel. 4442212 Fax: 4444175

KIRIRI WOMENS' UNIVERSITY OF SCIENCE AND TECHNOLOGY UNIVERSITY EXAMINATION, 2018/2019 ACADEMIC YEAR CERTIFICATE IN BUSINESS ADMINISTRATION CBM 013 – LIFE SKILLS

Date: 9th April 2018 Time: 11.00am -1.00pm

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTIONONE (COMPULSORY) AND ANYOTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

a)	Discuss what you understand by knowing self and its importance to your lit	fe. (8 Marks)
b)	Explain how Gender disparity has led to imbalance personality; show how	w you can overcome the
	challenges associated with it.	(8Marks).

c) Explain how you would ensure better formation of your children.
d) Human relationship is at risk, discuss the possible solutions to this
(7 Marks)
(7 Marks)

QUESTION TWO (20 MARKS)

a)	Discuss some skills on how you would manage your life as person.	(8 Marks)
b)	Discuss practical solutions towards management and control of HIV/AIDS	(6 Marks)

c) Suicide is becoming common, how would you help one who intends to. (6 Marks)

QUESTION THREE (20 MARKS)

a) Your friend tells you she is distress; discuss how you would help her. (8 Marks)

b) How would ensure better marriage and family life. (6 Marks)

c) Emotions and feelings are not totally negative. Explain. (6 Marks)

QUESTION FOUR (20 MARKS)

a)	Discuss, how childhood formation is a social responsibility	(8 Marks)
b)	Living today requires practical knowledge than before, explain.	(6 Marks)
c)	Discuss the possible solutions to drug abuse in learning centers.	(6 Marks)

QUESTION FIVE (20 MARKS)

a)	Discus to your friend how he would go about problem solving.	(8 Marks)
b)	Explain what you understand by life skills, and its importance to human life.	(6 Marks)
c)	Explain how you would fulfill your social responsibility	(6 Marks)