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KIRIRI WOMENS' UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2022/2023 ACADEMIC YEAR
FOR THE CERTIFICATE IN HOSPITALITY MANAGEMENT
CHM 202- FIRST AID AND HOME NURSING

Date: 6th December 2022
Time: 2:30pm – 4:30pm

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Differentiate between a sprain, strain and a dislocation (6 Marks)
- b) Give reasons why home nursing is important (6 Marks)
- c) Enumerate causes of burns (4 Marks)
- d) State ways poison can enter into our bodies (4 Marks)
- e) State causes of shock (6 Marks)
- f) State duties of a nurse (4 Marks)

QUESTION TWO (20 MARKS)

- a) Artificial respiration is very crucial and is the second priority in first Aid, explain THREE instances when it can't be used on a casualty (6 Marks)
- b) Your friend has just confided in you that her aged mum has recurring muscle cramps, advise her on the procedure to follow to assist her mother when the cramps attack her. (8 Marks)
- c) In class, your classmate has started to nose bleed, outline the procedure to assist her control the nose bleeding (6 Marks)

QUESTION THREE (20 MARKS)

- a) You are in a food production practical kitchen, a classmate was using the blender and suddenly she has the symptoms of a low voltage electrical accident explain what action you should take to assist her. (8 Marks)
- b) You are at an accident site, a casualty who was bleeding has stopped without any assistance, explain THREE natural methods the body has used to control the bleeding. (6 Marks)
- c) A group of you have gone for a volley ball tournament outside the campus, outline the procedure of treating a team mate who has fainted (6 Marks)

QUESTION FOUR (20 MARKS)

- a) Ventilation is the movement of air within a room, it is achieved naturally by opening windows and doors and artificially by use of fans and air conditioners. Discuss 4 reasons why it is important in a sick room. (8 Marks)
- b) You have been employed as a home nurse, discuss 3 preventive measures to practice in order to prevent spread of infection (6 Marks)
- c) As a supervisor in a home nursing facility, advice the workers on the care and use of THREE essential equipment in a sick room (6 Marks)

QUESTION FIVE (20 MARKS)

- a) You have been invited as part of an interview panel to hire a home nurse, explain **THREE** skills required for a candidate to qualify. (6 Marks)
- b) Motivation is a general term referring to the entire class of drives, desires, needs, wishes and similar forces. Maslow's Hierarchy of Needs theory remains valid today for understanding human motivation. Explain to a home nursing seminar, **THREE** techniques to achieve patient's nutritional needs. (6 Marks)
- c) You have been assigned the duty of preparing a sick room for an incoming patient, outline the procedure you will follow to make the room ready. (8 Marks)