



Kasarani Campus

Off Thika Road
Tel. 2042692 / 3

P. O. Box 49274,

00100

NAIROBI

Westlands Campus
Pamstech House
Woodvale Grove
Tel. 4442212

Fax: 4444175

KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2023/2024 ACADEMIC YEAR
FIRST YEAR, SECOND SEMESTER EXAMINATION
FOR THE CERTIFICATE IN COMMUNITY DEVELOPMENT AND SOCIAL WORK
CDS 205: COMMUNITY HEALTH

Date: 9TH AUGUST 2023

Time: 2:30PM-4:30PM

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

- Elucidate two types of smoke that could cause harm to your community if emitted to environment without convention. (4 Marks)
- Health is a "state" that encompasses various components. Highlight 6 Components of Health. (6 Marks)
- State and explain 3 Types of Refuse that a community Health officer need to be on the lookout for. (6 Marks)
- Highlights any 3 components of Personal Hygiene. (6 Marks)
- State and explain 4 roles that the government and NGOs play in the promotion of maternal and child health. (8 Marks)

QUESTION TWO (20 MARKS)

- Highlight at least 6 items contained in the first aid kit and their use. (6 Marks)
- Allude to any Three Cause of poor Maternal and Child care in the community. (6 Marks)
- Community health is guided by a set of regulations and ethics. Affirm this statement by explaining any 4 Principles of Community Health. (8 Marks)

QUESTION THREE (20 MARKS)

- Show your Understanding on Family Planning methods and state the method you would recommend. (6 Marks)
- Explain how Religious factors can affect pregnancy, childbirth and influence Maternal mortality. (6 Marks)
- Wine and Spirits consumption does not only affect the health of community members but also harms the health of Expectant mothers and unborn children. Highlight with 8 characteristics of fetal Alcohol syndrome babies. (8 Marks)

QUESTION FOUR (20 MARKS)

- a) Drugs can act differently in the body. Explain the concept of drug action in the body. (6 Marks)
- b) How would you intervene and Address cases of mental ill health in the community? (6 Marks)
- c) Elucidate 8 elements of PHC giving relevant examples. (8 Marks)

QUESTION FIVE (20 MARKS)

- a) With examples, explain how the environment can become a determinant of Community Health. (6 Marks)
- b) Using relevant illustrations, explain ways through which you can achieve Community Health. (6 Marks)
- c) As a future Young Mother, explain 4 factors you would consider while choosing a medical health facility for child delivery. (8 Marks)