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KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2023/2024 ACADEMIC YEAR
FIRST YEAR, FIRST SEMESTER EXAMINATION
FOR THE DIPLOMA IN COMMUNITY DEVELOPMENT AND SOCIAL WORK
DDS 109 – COMMUNITY HEALTH

Date: 9TH AUGUST, 2023
Time: 8:30AM- 10:30AM

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Elaborate on the meaning of the following concepts: (2 Marks)
i) Nutrition
ii) Nutrients
- b) Discuss the laid down schedule of immunization for children in Kenya (5 Marks)
- c) Outline the main strategies that can be applied to promote proper nutrition in a community (5 Marks)
- d) Differentiate between nutritional assessment and nutritional screening (3 Marks)
- e) Identify the major categories of persons with special needs (5 Marks)
- f) Examine major forms of physical disabilities (5 Marks)
- g) Discuss the importance of postpartum care (5 Marks)

QUESTION TWO (20 MARKS)

- a) Justify the importance of ante-natal care (5 Marks)
- b) Examine the benefits of breast feeding to both the mother and the baby (7 Marks)
- c) Differentiate between exclusive breast feeding and complimentary feeding (3 Marks)
- d) Discuss the importance of immunization among citizens (5 Marks)

QUESTION THREE (20 MARKS)

- a) Identify 4 main classification of non-communication (4 Marks)
- b) Discuss the principles of disease prevention (6 Marks)
- c) Justify the importance of nutritional assessment among members of the community (5 Marks)
- d) Discuss major classification of the main nutrients required by human body (5 Marks)

QUESTION FOUR (20 MARKS)

- a) Outline the ways in which diseases can be transmitted in tropical Africa (5 Marks)
- b) Discuss the Key characteristics of exclusive breastfeeding (5 Marks)
- c) Identify key aspects of supplementary feeding for expectant mothers (5 Marks)
- d) Describe the process of conception (5 Marks)

QUESTION FIVE (20 MARKS)

- a) Identify factors that lead to high incidences of communicable diseases in Africa (4 Marks)
- b) Discuss challenges faced by people living with disability in Kenya (6 Marks)
- c) With examples, discuss the meaning of person with special needs (4 Marks)
- d) Outline the key elements of complementary feeding for under 2-year-old children (6 Marks)