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KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2023/2024 ACADEMIC YEAR
FIRST YEAR, SECOND SEMESTER EXAMINATION
FOR THE CERTIFICATE IN COMMUNITY DEVELOPMENT AND SOCIAL WORK
CDS 206: HUMAN GROWTH AND DEVELOPMENT

Date: 5TH DECEMBER 2023

Time: 2:30PM-4:30PM

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

Students pursuing sociology, developmental studies, and social work study human growth and development with the objective of equipping students with knowledge, skills, and attitudes sufficiently requisite for an effective understanding of human growth and development and its relevance to these disciplines. The general objectives are that at the end of the module, the students will be able to: apply various theories of human growth and development in these disciplines; identify the aspects of human growth and development and their relevance; and identify and support persons with special needs, understand their role as professionals in guidance and counselling among others.

Use the above succinct together with what you learned in your Human growth and development course to answer the questions that follow in this section: -

- i. Outline FIVE reasons why community development professionals and social workers should study human growth and development. (5 Marks)
- ii. Highlight the role of a social worker in guidance and counselling as would be articulated in a human growth and Development lesson. (3 Marks)
- iii. Outline FIVE symptoms and characteristics of persons with special needs as would be discussed in a human growth and Development lesson. (5 Marks)
- iv. Outline the issues upon which development is centered on in each of the EIGHT stages through one's ego identity develops according to Erik Erikson's psychosocial theory. (4 Marks)
- v. Highlight THREE ways in which HIV/AIDS impacts human growth and development as would be discussed in a human growth and development. (3 Marks)
- vi. Outline FOUR characteristics of human development. (4 Marks)
- vii. Individual's personality is contributed by a number of factors. Outline THREE factors that contribute in shaping individual's personality. (6 Marks)

QUESTION TWO (20 MARKS)

- a) Briefly describe the following aspects of human growth and development as they manifest during adolescence
 - i. Physical development. (3 Marks)
 - ii. Social development. (3 Marks)
 - iii. Emotional development. (3 Marks)
 - iv. Cognitive development. (3 Marks)
- b) Outline any FOUR branches of psychology that have relevance to community development and social worker professions. (8 Marks)

QUESTION THREE (20 MARKS)

- a) Distinguish between Pre-natal and post-natal stages of human growth and development. (4 Marks)
- b) Growth and development are two critical yet contrastable concepts in human lifetime. Outline FOUR contrasting features of Human growth from Human Development. (8 Marks)
- c) Giving the key highlights, briefly describe the cognitive theory of human growth and development according to Jean Piaget. (8 Marks)

QUESTION FOUR (20 MARKS)

- a) Highlight the first FOUR phases in the postnatal stage of Human growth and development. (4 Marks)
- b) Personality disorders are the complex mental health conditions that affect multiple areas of a person's life. Examine any FOUR personality Disorders. (8 Marks)
- c) Human Growth and development are shaped and influenced by a multiplicity of factors. Highlight any FOUR of these factors. (8 Marks)

QUESTION FIVE (20 MARKS)

- a) Explain these concepts as used in human growth and development
 - i. Persons with special needs. (2 Marks)
 - ii. Personality Development. (2 Marks)
- b) Outline FOUR characterizations of persons with special needs. (8 Marks)
- c) Examine FOUR key dissimilarities between guidance and counselling that community development professionals and social worker must be aware of. (8 Marks)