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KIRIRI WOMENS' UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2017/2018 ACADEMIC YEAR
DIPLOMA IN HUMAN RESOURCE MANAGEMENT
DCU 1002- LIFE SKILLS

Date: 13th August 2018
Time: 2.30 Pm- 4.30 Pm

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Discuss four stressors and their solutions in your life. (8 Marks)
- b) Negative culture have led to low education in women, Discuss possible solutions to the problem (8 Marks)
- c) Families have a lot of problems, Give advice on how to reduce these problems. (8 Marks)
- d) How can you enhance your children life? (4Marks)

QUESTION TWO (20 MARKS)

- a) Discuss some of the most important life skills you can use to manage yourself (8 Marks)
- b) Explain four behaviors that will help you avoid HIV / AIDS. (8 Marks)
- c) Your friends comes to school late and doesn't complete her assignment, discuss how you would help her plan her time. (4 Marks)

QUESTION THREE (20 MARKS)

- a) Discuss to your friend how you would solve personal conflicts. (8 Marks)
- b) Explain what and how you would fulfill your social responsibilities. (4 Marks)
- c) Explain to your former principal how she would prevent drugs from entering your school. (8 Marks)

QUESTION FOUR (20 MARKS)

- a) Emotions can promote or bring down your family life. Explain (8 Marks)
- b) How would you know that your children have negative emotions? (6 Marks)
- c) How would you reduce these negative emotions in your children? (6 Marks)

QUESTION FIVE (20 MARKS)

- a) Why there are many street children's and what problems do they face? (6 Marks)
- b) Give practical solutions to child labour. (6 Marks)
- c) Contrast and describe three occupations that need practical work skills. (6 Marks)